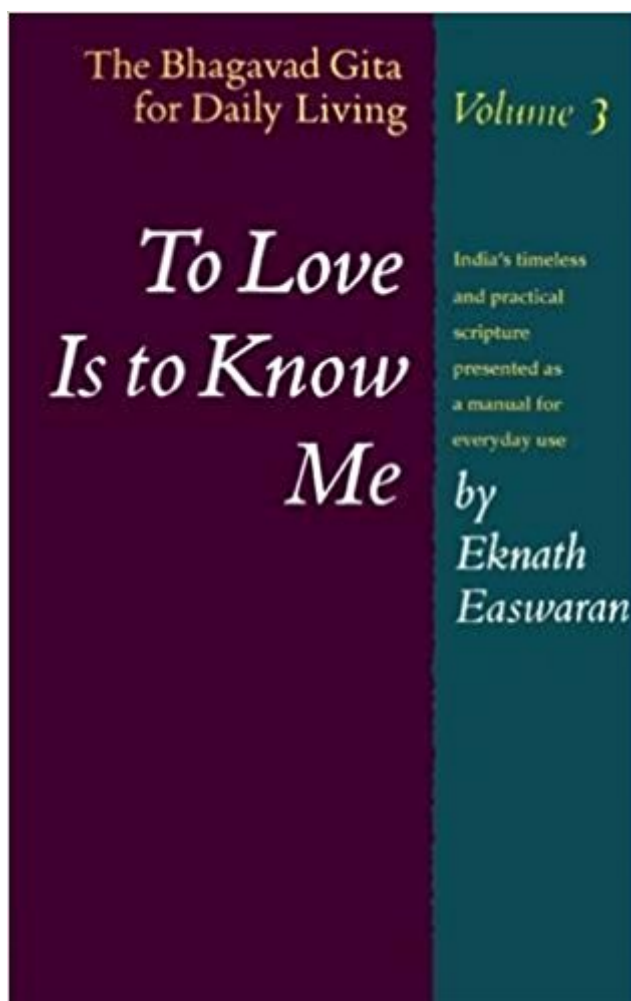


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# To Love Is To Know Me: The Bhagavad Gita For Daily Living, Vol. 3



## Synopsis

Eknath Easwaran's translation of The Bhagavad Gita is the best-selling English edition in the US, and The Bhagavad Gita for Daily Living is his verse-by-verse commentary. Full of examples, stories, humor, and practical spiritual exercises, it brings the Gita's teachings into our own lives. Each volume of this set covers six chapters of the Gita, and can be read on its own. The three volumes together form a comprehensive manual for living a spiritual life. Easwaran was a professor of English literature and taught meditation and spiritual living for 40 years. He is an authority on world mysticism, and lived what he taught, giving him lasting appeal as a spiritual teacher and an author of deep insight and warmth. This third volume in a three-volume set covers chapters 13-18 of the Gita, and concentrates on the relationship between the Self within and the supreme reality which underlies all creation. Global in scope, the emphasis is on what you can do to make a difference in the world.

## Book Information

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## Customer Reviews

"...deep insights make this commentary on the Bhagavad Gita an invaluable spiritual resource." --Spirituality and Practice". . . radiates the warmth of a spiritual educator deeply concerned about the welfare of mankind." -- Dennis Lewis, San Francisco Sunday Examiner & Chronicle "These sumptuously produced volumes offer a fascinating presentation of the Gita to the modern world. . . . The text in Sanskrit is followed by a faithful translation accompanied by a detailed commentary which is the most interesting part of the work. . . . His lectures are full of helpful anecdotes from the lives of eminent saints, yogis, thinkers in the West: one does not like to miss a single page. . . .The

author is convincing, authentic and faithful in his exposition running into over 1500 pages of ennobling reading matter reflecting his spiritual maturity and benevolence of disposition." -- M.P. Pandit, The Hindu, March 23, 1993 "This reviewer knows of no translation with commentary that so successfully combines breadth of scholarship with such depth of spiritual insight." -- Choice

Easwaran's magnum opus. The Bhagavad Gita is not a book of commandments but of choices. It presents two ways of living, shows their consequences and then leaves the choosing to us. Easwaran's accessible translation and lively, practical commentary show how the Gita's universal teachings apply to events in our own lives and times. The scope of Volume III is global, what you and I can do to make a difference.

I have yet to read anyone in addition to Sri Easwaran who can show me how to take the science of yoga from intellectual comprehension to lifestyle integration. Daily reading from this three volume set of "The Bhagavad Gita for Daily Living" will change your life. Try it for ninety days, then stop. You'll return to the daily habit. Having a problem? Use the index in the back of the volume: It's marvelous! Oh, and don't feel like you need to read from first to last page. You can open any of these volumes to any page and find pearls of wisdom.

Beautifully written, clear, spiritually inspiring book. A wonderfully well rounded end to the trilogy. The Bagavad Gita is one of my favorite books and Eknath Easwaran does an incredible job of clarifying all the important points. A definite must for one's library

I read the three volumes several years ago and learned much from them. These three I bought as a gift for a young couple who just got engaged to each other (both of Indian descent).

This is a very understandable and enjoyable interpretation of The Bhagavad Gita. It renewed my commitment to daily meditation. It is spiritual and easy to incorporate into my view of the world around me. His previous books on the Bhagavad Gita, Vol. I and Vol. II were not necessary to read this Vol III and I liked that. These are stand alone works.

The best Gita commentary i have ever read by one of the most qualified teacher/mystic of our time!  
A must read!

This folksy commentary on the Bhagavad Gita makes it feel comfortably accessible to any reader, whether deeply spiritually inclined or not. Stories drawn from the (Indian, but immigrated to the US) author's own down-to-earth family life in California, make what some might find strange quite pleasant to read and begin to understand. A few pages a day as a sort of nod towards spiritual practice can't hurt, and can help remind one of some eternal verities. It is not (nor was it meant to be) an in-depth study of the Gita; it's meant to be an unthreatening introduction to a spiritual way of life that many have found to be actually very good.

further translation of Bhagavad Gita by Easwaran. Instruction on how to live live in peace, harmony, love and beauty. wonderful

A great book for meditation.

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